

# brunch

7am - 3pm daily

house-made fruit bread, sourdough or gluten free toast, house-made jam and butter 6

bircher muesli, granny-smith apple, honey labneh, crisp fruit, mint 15

strawberry granola, yoghurt panna cotta, hazelnut, meringue, lemon verbena 16

sautéed sugar snaps, mint, toasted almonds, onkaparinga goats curd, poached eggs, sourdough 16

smashed avocado, little leaves, radish, dukkah, poached eggs, sourdough 16

smashed prawn & local snapper toasts, pickled cos, chilli peanut, black sesame, vietnamese mint, lemon 16

smoked trout, grilled broccolini, rainbow spinach, hummus, fennel, quince pickle 16

two free range eggs your way w/ house-made butter and sourdough 10

## sides

field mushroom, tomato, tomato relish  
2 each

potato rosti, avocado, spinach, haloumi, goats curd  
3 each

newbury & watson bacon, chorizo,  
house cured salmon  
5 each

# LOCAL GRIND

## juice

cold pressed to order 7

### green

apple, celery, pineapple, kale,  
cucumber, mint

### purple

beetroot, orange, ginger, carrot

### flu fighter

yellow grapefruit, ginger, apple,  
orange

### orange

river land orange

### diy

your choice of the above

## smoothie

### brekky

banana, muesli, honey, yoghurt

### red

berries, coconut, mint

# bigger

from 11am daily

house-made soup w/ grilled sourdough 11

house-made ricotta gnocchi, pine mushroom,  
jerusalem artichoke, zucchini, chestnut 21

southern style fried clare-valley chicken burger,  
cabbage slaw, crispy chili, chips 17

grandpas ossobuco, potato gratin, herbs 27

periperi spatchcock, baby carrot, quinoa, tzatziki,  
flat bread, lemon 21

coorong angus steak sandwich, caramelised onion,  
bacon, cos, aioli 16

cured salmon sandwich, horseradish creme  
fraiche, cos, pickle 13

san danielle prosciutto sandwich, vine-ripen  
tomato, mozzarella, aioli, basil. 13

sweet potato fries, aioli 6

## #LOCALGRIND

7am-4pm Mon - Fri

730am-4pm Sat & Sun

f: Local Grind

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function packages available

we love splitting bills, sorry no amex